



# CHOCOLATE HAZELNUT BANANA "ICE CREAM"



This delicious dessert involves a two-step process that includes learning how to make your own hazelnut paste.

## Ingredients

### Ice cream:

- 4 frozen bananas
- 6 tbsp hazelnut (filbert) paste (see second page)

## Instructions

1. Combine the frozen bananas and hazelnut paste in a blender or food processor. Blend until smooth and creamy.
2. Spoon the mixture into parfait dishes or serve as is for a rich, creamy dessert. For a fun twist, pour the mixture into popsicle molds and freeze for a delicious frozen treat.
3. Garnish with chopped nuts or drizzle with a little extra hazelnut paste for added flavour and texture.

